



Head Start/Early Head Start Program options



Our mission is that we partner with families to prepare young children for success in life and school.

Our work allows us to focus on parent-child engagement while focusing on social-emotional development, approaches to learning, language and literacy, cognition, perceptual, motor, and physical development. We partner with families and supporting them in the role of their child(ren)'s first teacher. Families receive nutritional, health, child development, and family service information. We help families to identify and set goals during their children's time in our programs. We have four different program options. We are government-funded, and our programs are free. Our childcare has some cost to it, but we do accept state child care assistance. We do NOT charge insurance. Our program is free to income-eligible families. However, we take in 10% of over-income families program-wide.

- **Prenatal Home-Based:** We meet with expecting families monthly (more if needed). We prepare for the baby's arrival and provide information to the family based on their needs. Home visitors listen to their concerns and dreams: a healthy pregnancy outcome and good attachment are the overall focus. Our prenatal program is also free.
- **Early Head Start Home-Based:** This is for children 0-3 years. We meet with families weekly for 1.5 hours. On home visits, the parents/guardians are their child(ren)'s first teacher. We work on school readiness goals. The parent promotes their child's (ren)'s development with our support. In other words, we have lots of fun getting children ready for school while using the home environment as a classroom. Parents and children enjoy making homemade toys together to encourage play and learning at home. Parents and home visitors work on family goal setting. We also offer a socialization group 2-4 times a week. Our weekly socialization gives the children a classroom experience.
- **Early Head Start childcare:** This is for children six weeks-3 years. We offer full-time childcare in our Concord and Laconia centers. Full time means that parents/guardians have to be in an activity (job search, education, work) for a minimum of 31 hours a week, including travel. We accept state childcare assistance. Children receive instruction in our classrooms and family service work from home visitors as well. The parent partners with the teacher and is key to their learning experience.
- **Head Start Preschool:** This is for children 3-5. Head Start is a free program. Children receive a preschool experience in our classrooms. The parent partners with the teacher and is key to the children's learning experiences. Families receive family service work from a family service worker or a home visitor. Our program encourages parent involvement.
- **Head Start Wrap-Around childcare:** We offer limited childcare spots for families who meet the childcare requirements in our Concord and Laconia centers. Ages 3-5.

For more information please contact:



Eva Thurston: Family and Community Services Manager,
Laconia/Franklin 603-528-5334 ext. 153 Cell: 603-848-8284
ethurston@capbm.org

Lisa Caldwell: Family and Community Services Manager
Concord/Pittsfield 603-224-6492 ext. 107 Cell: 603-419-0465
lcaldwell@capbm.org